

New Construction Site Manager

Abigroup is pleased to announce the appointment of Mr Gary Brown as the new Site Manager. Gary replaces Craig Lewis, who has taken up an offer to work with another Abigroup project in Sydney, closer to his home.

Gary has been in the building industry all his life. He is a qualified carpenter & builder. Previously he had worked with John Holland Constructions and has vast experience in hospital construction, including John Hunter and Cessnock hospitals.

Gary has also worked on the Olympic Headquarters in Sydney, as well as Pier One.

Gary is looking forward to his new position at the Calvary Mater Newcastle redevelopment.



New Medirest Website

Compass Group, of which Medirest is an integral part, has just launched a dedicated website for Medirest in Australia.

Medirest is a senior living and healthcare food specialist, hospitality and facilities service company.

Medirest is the largest provider of support services to the aged care industry in Australia servicing 8000+ beds. Medirest operates in every state and territory as well as regional areas.



Please visit www.medirest.com.au

Novacare Website

Don't forget to check in on our website for the latest news, information and copies of this newsletter. The address is www.novacareconsortium.com.au. We welcome and appreciate all feedback and content.



Welcome to Novacare's Redevelopment Newsletter

Introduction

As part of the Novacare Consortium's commitment to the environment and sustainability, in this issue of Novacare Connection, we are examining two different ways in which both hard and soft facility management is tackling the environmental issues that face us all. We also highlight a new member of the Abigroup Construction Team - Mr Gary Brown, and provide a summary of the progress of the works.

Construction Update

Levels two and three of the clinical services building have now been handed over to Calvary Mater Newcastle.

Decanting and recanting has been underway and all that remains to be moved is the Linen and Purchasing department, which is now imminent.

Work continues to progress well on levels four and five of the building, which will house the operating theatres, surgical ward and medical wards, as well as a temporary home for the hospital's Intensive Care Unit.

The Convent is certainly starting to take shape and the finishes and fittings are being installed to enable temporary occupation by the Mater until Mental Health outpatients and administration move over from James Fletcher in the first half of 2009.

Open Day



Mater & HNE Staff test out the room sizes

On Sunday 12 August, Novacare with its consortium partners hosted an open day to showcase levels two, three and four for staff and families of Calvary Mater Newcastle, Novacare and Hunter New England Health.

We estimated that there were approximately 300 visitors to view the new facility on the day and it was a great success!

Open Day Cont ...

As hosts, we received much positive feedback about the excellent quality of finishes and staff said they were eager to occupy the building.

Medirest took charge of the sausage sizzle and donated all proceeds back to the hospital.



Medirest & Honeywell cooking up the snags

New Garbage Compactor Arrives

On 20 August Medirest began operating a new compactor at the hospital. The **Bedminster** compactor is a unique design, assisting in reducing landfill by more than 80%. With only three plants operating within Australia, (Port Stephens, Perth and Cairns) utilising this system, Medirest is eager to see the results.

Initial feedback from staff suggests the new compactor has been well received.

Lou Nepi states, "I find it quite good and easy to use, you just do your bin tip and nothing gets stuck in the chute."

The compactor accepts all waste streams (excluding, confidential, clinical, and cytotoxic hospital waste) and transforms it into valuable organic materials. This makes the waste disposal program at the hospital less complex, as employees will no longer be required to separate the different types of waste.

After loading the compactor at the hospital site, the waste is removed and sorted at the plant to remove any unacceptable items. After sorting, the waste is fed into large rotating drums (digesters) where the waste is literally digested by the bacterial activity, mimicking nature's own recycling process.

The end result is a rich compost matter, which can be used to revitalise soil for agriculture or landscaping. Non-organic material emerges from the digester clean, to be separated for possible recycling in the future.

The compost matter is then laid out in a maturation room, and is tested for quality assurance.



Medirest's Joel Gaffney tests the new compactor

Tread Lightly

Tread Lightly is Honeywell's Sustainability Initiative.

Whether you believe in global warming or not, there is really no debate that each of us need to do something about reducing our environmental footprint.

Honeywell's 'Tread Lightly' sustainability initiative is just one of the ways we can do something. The program aims to capture your suggestions and turn them into quantifiable environmental savings. While all suggestions are reviewed, not all suggestions can be implemented and some will require more thought before we move forward.

Real Estate: building design, urinals, fit out suggestions

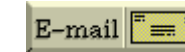
IT: Double sided printing, video conferencing, electronic faxing, proof and final printers, turning off equipment, reduce length of IT instructions

Fleet: Alternate fuel, carbon neutral program, 4 cylinder, vehicles for purpose

Procurement: choosing "green" suppliers, buying energy efficient equipment

Staff education: car pooling, stickers reminding people to turn-off, communicate objectives and updates, team building in locations, organise discounts with nurseries.

Facilities: recycling, lighting, air conditioning, stationery, energy saving, occupancy sensors, display usage
If you have got a suggestion to help us reduce our environmental footprint, we want to hear it.



Please email: peter.sutherland@honeywell.com

In addition to the sustainability initiatives we will be implementing in our offices, you might like to try some of these suggestions to reduce your personal environmental footprint:

- Adjust your air conditioning up one degree in summer and down one degree in winter. This could save Australia 27,000 tonnes of greenhouse gasses annually
- Buy food which is grown and produced locally. By reducing the distance food is transported before it gets to your place can cut pollution, save fuel and keep money in your community
- Buy in bulk to cut down on packaging
- By recycling just one glass bottle, the amount of energy that is being saved is enough to light a 100 watt bulb for four hours
- Car pool to and from work
- Choose reusable 'green bags' over plastic shopping bags
- Contact your local council, energy and water providers to find out about free and discounted energy efficient light bulbs and water saving shower heads
- Don't shave in the shower. You can buy a special shaving oil which when applied to the skin allows you to enjoy a "dry" shave. Excellent for both men and women, and saves heaps of water! (Fantastic when camping as well)
- Fix dripping hot taps will save up to 100kb per tap year
- Plant more trees to absorb the carbon and compost the pruning's
- Send as little rubbish as possible to landfills, which produce large amounts of methane, an active greenhouse gas. A wheelie bin full creates 60kg of emissions
- Turn off any machine that uses a standby light (DVD Player, TV etc.) This will save you up to 10% of your electricity bill each year
- Using a clothesline instead of a dryer will make your washing smell fresher - and dryers create 150kg of greenhouse gas annually
- Washing clothes in cold water will generate 15 times less greenhouse gas than hot water.